

# 1.2mil

Australians (6%)  
identified as  
a person with  
disability

# 30%

of people with a  
disability said they  
often **felt lonely**

33% were emotionally lonely (the  
lack of a significant person with  
whom you have an attachment to)

36% were socially lonely (the lack of  
a larger support network)

# 88%

of people with a  
disability say they  
**felt loved**

People with a disability were less  
likely to say they felt loved than the  
population average

# 47.5%

said family played  
an **important role** in  
their life

# 41.9%

said **friendship**  
groups played an  
important role in  
their life

We have  
lots of different  
conversations about the  
world and how he sees things  
very differently to the rest  
of society, he has taught me  
how to be a more patient and  
understanding parent

– Parent of child with disability, woman,  
55-64 years

# 45.3%   37.8%   12.6%

said their most important relationship was with **their partner**

said their most important relationship was with a **family member**

said their most important relationship was with a **friend**

# 71%

faced pressures in their important relationship in the past six months

Top pressures:



Mental health  
33.3%



The impact of the pandemic  
26.5%



Money problems  
26.5%

# 45.2%

manage relationship issues on their own

# 28%

would consult **friends or family** when facing challenges in their relationships

Mum has always looked after me, and even now in my adult years... We talk all the time, we both know sign language. We talk most days and we practice our skills

– Man with disability, 35-44 years