

Relationship Indicators 2024

Older persons



4.5mil

Australians (21.8%) were older persons aged 65 years and over

66.8%

said their most important relationship was with their **partner**

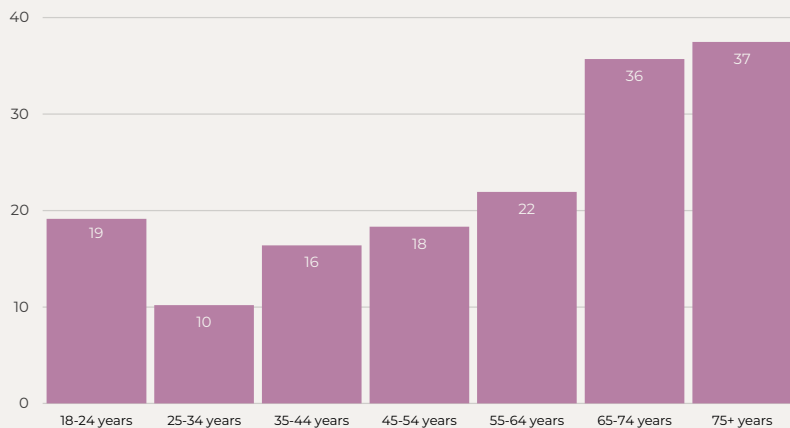
14.1%

said their most important relationship was with their **daughter**

36.4%

faced **no pressures** in their most important relationship in the previous 6 months

People not experiencing any relationship pressures by Age



Base: Identified their most meaningful relationship; 18-24 years (n=127), 25-34 years (n=348), 35-44 years (n=496), 45-54 years (n=471), 55-64 years (n=612), 75 or more years (n=388). Question: B13 There are a range of pressures that impact all types of relationships. Which, if any, of the following pressures have impacted this relationship in the last six months?

The top reported pressures were:



19.1%
Cost of living



19.1%
Different values
or beliefs



15.2%
Unfulfilled
expectations

17%

experienced **distress** in the relationship in the last 6 months

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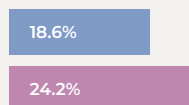
55.7%
manage relationship issues on their own

8.3%
felt **unsafe** disagreeing with their most important person

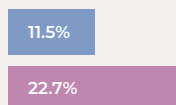
Eventually my confidence in myself and my mental health improved. This has been a gradual process and took place over about ten years.
– Male, 75+ years

Unaware of where to seek help.
– Female, 65-74 years

18.6%
said they felt lonely



11.5%
were emotionally lonely



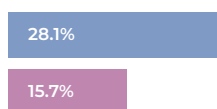
31.1%
were socially lonely



57.2% said family groups played an **important part** in their lives



28.1% said **community groups** played an important part in their lives



Volunteering.
– Male, 65-74 years

Dance class.
– Female, 65-74 years

Hobby group.
– Male, 65-74 years