

# Relationship Indicators 2022

## Retirees



# 4.3mil

Australians  
(21.8%) identified  
themselves as  
retirees

# 66.8%

said their most  
important  
relationship was  
with their **partner**

# 12.6%

said their most  
important  
relationship was  
with their **daughter**

# 44.5%

said they have  
faced no pressures  
in their important  
relationship in the  
past six months

Top pressures:



Mental health  
10%



The impact of  
the pandemic  
15%



Money  
problems  
10.9%

# 53.7%

manage relationship  
issues on their own

# 12.4%

**felt unsafe** disagreeing  
with their most  
important person

Older people were less likely to feel  
safe disagreeing with their most  
important person

He has been  
retired for a  
year now...  
Life is good

- Woman, 65-74 years

We are both  
retired and  
enjoy spending  
most of our  
time...together

- Woman, 65-74 years

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## Retirees



Retirees feel less lonely than the population average

# 15.1%

said they often  
felt lonely

# 10%

were emotionally  
lonely\*

\*Emotional loneliness is the lack of a significant person with whom you have an attachment to

# 27.1%

were socially  
lonely\*\*

\*\*Social loneliness is the lack of a larger support network

# 28%

of retirees said that  
community groups  
played an important  
role in their life

Previously  
when we both  
worked we tried to do  
everything together on  
the weekend because  
during the weekdays we  
were ships passing in  
the night

- Woman, 65-74 years

I have  
joined many  
groups since I retired  
so she doesn't feel  
the pressure to spend  
more time with me

- Woman, 65-74 years